

# MONIQUE SCHRÖDER

CIRCUS PERFORMER

## GENERAL INFORMATION

BIRTH	05/17/2003
HEIGHT	174 cm / 5'8½"
WEIGHT	66 kg / 145 lbs
NATIONALITY	GERMAN
RESIDENCE	BERLIN, GERMANY
LANGUAGE	GERMAN, ENGLISH (FLUENT), FRENCH (BASICS)
DISCIPLINE	GYMBALL, DANCE ACROBATICS WITH HANDBALANCING

## ABOUT ME

Monique Schröder was born in Berlin and discovered at an early age that her athletic drive and love for movement shaped her everyday life. This first led her to join the young ensemble of the Friedrichstadt-Palast (2009) and later, at the age of seven, to artistic gymnastics. Gymnastics laid the foundation for her acceptance into the State School of Circus Arts in Berlin, where she began her training at the age of ten (2013). From that moment on, it was clear to her: "I will turn my passion into my profession."

Monique quickly developed a strong connection with her current prop, the gymball. Over nine years of intensive training, she mastered the fundamentals of aerials, acrobatics, dance, and acting. In 2022, she graduated with top marks and began bringing her vision to life. Since then, she has been performing on international stages around the world and continues to pursue her artistic journey with passion and joy.

## REFERENCES

### PERFORMANCES

Parookaville	2025, Germany
Deltebre Dansa	2025, Spain
Cirque Dreams Holidaze	2024/25, USA Tour
Lino Frieses Circus Variety	2024
Awaji Art Circus Festival	2023, Japan
Aquesto Events	2023
ZAC Summer Variety Waggonhalle	2023
KiKA TV Show: "Die beste Klasse Deutschlands"	2023
Variety Friedrichshafen "Contemwerk"	2023
KulturScheune Herborn	2022
Friedrichsbauvarieté: "UTOPIA"	2022
Graduation Show: „WHISPER AND SHOUT“	2022, Germany Tour

### FESTIVALS

- International Circus Festival of Stresa 2025 (Special Award), Italy
- European Youth Circus Festival Wiesbaden 2024
- Newcomer Youth Festival 2022, Germany
- International Youth Festival: „Jaskrava Arena Dnipra 2019 (1st Place)



## CONTACT

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- Monique Schröder

## EDUCATION

2013-2022

State School for Circus Arts

2021

### workshops:

- URBANATIX/Open Space Bochum
- Trickographie/ Anatoly Zalevsky

## ABILITIES

- **gymball**
- **floor acrobatics**
- **handbalancing**
- **partner acrobatics**
- dance: latin, modern
- juggling basics
- aerial basics
- acting
- rollerskating
- cube(floor/aerial)
- trampolin

### Video Links:

- <https://youtu.be/jWEg-6kxDsA>
- <https://youtu.be/cl1pv9Uuh1Y>
- <https://youtube.com/shorts/FuBHGOgaUEs>